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Carolina Oral Maxillofacial Surgery Center

INSTRUCTIONS FOR IV SEDATION PATIENTS

Intravenous (IV) sedation is designed to enable you to undergo a conventional oral surgery procedure in a more comfortable and relaxed manner. You will be in a light sleep and remember little, if any, of the surgical procedure. Even though this technique has been performed innumerable times without any complications, there are inherent risks that can be reduced with proper planning and preparation. You are therefore **REQUIRED** to follow these guidelines:

- **You must come to your appointment with a responsible escort to stay in the clinic while you are treated** and to drive you home after being dismissed by the doctor.
- I understand that I am **not to have anything to eat or drink past midnight the night prior to surgery**, (this includes water, coffee, gum and mints). If I need medication the day of surgery, I am allowed to take it with a sip of water. I also understand that the procedure will be cancelled if I fail to follow this instruction.
- Wear a short-sleeved garment to allow placement of a blood pressure cuff on the upper arm without constriction by your clothing. You may wear a jacket with buttons or zipper, but do not wear a pullover as an outer garment.
- Do not drink alcoholic beverages for 24 hours prior to the scheduled appointment or while taking the prescribed pain medication after surgery.
- Do not drive for the remainder of the day and night after surgery. Do not operate machinery, or perform any tasks requiring fine motor skills and reflexes for the remainder of the day and as long as you are taking narcotic medication.

For Your Safety, Please Remember:

Do not bring children to the clinic during the appointment. Due to seating capacity, we kindly ask that no additional family members and/or friends accompany the escort. Your escort is responsible for taking care of you after you leave the clinic and cannot be distracted by children during the drive to your home and assistance into your home.

You will be tired the remainder of the day and you are requested to rest. Although you may feel alert after surgery, your fine motor skills and reflexes will be diminished for 6-12 hours.